

Suggested Plants for Cobourg Native Plant Sale 2023

Legend:

Full Sun – 6 plus hours of direct sun per day, Partial Sun – 4 to 6 hours of direct sun per day including some afternoon sun, Partial Shade – 4 to 6 hours of sun mostly before mid day, and Full shade – less than 4 hours of direct sun per day

RRL – These plants will do well in Rain Gardens, Soakaways, and Bioswales. For more information see https://files.cvc.ca/cvc/uploads/2022/03/com_lo_rain-ready-guide_20220328-FINAL3.pdf

ST – Salt tolerant plants. For more information see <https://grownative.org/?s=salt+tolerant>

LH – Plants that provide food for butterfly and moth caterpillars allowing species to complete their life cycles on your property. These plants also support birds who feed on caterpillars.

CG – Plants suitable for growing in containers and small gardens. <https://youtu.be/CEoFzVwiCrE>

Herbaceous Plants (all are nectar sources for insects)

Common Name	Scientific Name	Sun Requirements	Bloom Time Bloom Colour	Other
Balsam Ragwort	<i>Packera paupercula</i>	Full to part sun	Spring to summer Yellow	
Prairie Smoke	<i>Geum triflorum</i>	Full sun	Spring Pink	RRL / CG
Blue Wild Indigo	<i>Baptisia australis</i>	Full sun	Spring Purple/blue	RRL ST
Golden Alexander	<i>Zizia aurea</i>	Full to part sun	Spring Yellow	RRL / CG LH / ST
Hairy Beardtongue	<i>Penstemon hirsutus</i>	Full to part sun	Spring Purple	ST / CG hummingbirds
Wood Poppy	<i>Stylophorum diphyllum</i>	Full to part sun	Spring Yellow	
Blue eyed grass	<i>Sisyrinchium angustifolium</i>	Full to part sun	Spring Blue	RRL / CG
Wild Columbine	<i>Aquilegia canadensis</i>	Sun, part sun, to part shade	Spring to summer Red	RRL / CG LH/ST hummingbirds

Wild Lupine	<i>Lupinus perennis</i>	Full to part sun	Spring to early summer Purple/blue	LH hummingbirds
Wild Ginger	<i>Asarum canadense</i>	Full to part shade	Spring Red	ground cover
Jack in the Pulpit	<i>Arisaema triphyllum</i>	Full to part shade	Early spring Green/maroon	RRL / CG
Wild Geranium	<i>Geranium maculatum</i>	Part sun to full shade	Spring Lavender	LH / CG RRL
Bloodroot	<i>Sanguinaria canadensis</i>	Full to part shade	Early spring White	Groundcover CG
Virginia Bluebells	<i>Mertensia virginica</i>	Full to part shade	Spring Blue	hummingbirds
Trout Lily	<i>Erythronium americanum</i>	Full to part shade	Spring Yellow	
Wild Blue Phlox	<i>Phlox divaricata</i>	Part sun to shade	Spring Blue	ST
Large White Trillium	<i>Trillium grandiflorum</i>	Full to part shade	Spring White	
Pearly Everlasting	<i>Anaphalis margaritacea</i>	Full sun	Summer to fall White	LH CG
Red Bee Balm/ Oswego Tea	<i>Monarda didyma</i>	Full sun to part sun to part shade	Summer Red	Hummingbirds CG
Wild Bergamot	<i>Monarda fistulosa</i>	Full sun to part sun	Summer Lavender	ST / CG hummingbirds
Hoary Vervain	<i>Verbena stricta</i>	Full sun to part sun to part shade	Summer Lavender	LH / CG ST
Spotted Joe-Pye Weed	<i>Eupatorium maculatum</i>	Full sun to part sun to part shade	Summer to fall Pink	RRL
Butterfly Milkweed	<i>Asclepias tuberosa</i>	Full sun	Summer Orange	LH / ST / CG hummingbirds
Whorled Milkweed	<i>Asclepias verticillata</i>	Full sun to part sun	Summer White	LH hummingbirds
Swamp Milkweed	<i>Asclepias incarnata</i>	Full sun to part sun to part shade	Summer Pink	LH / ST /CG hummingbirds
Obedient Plant	<i>Physostegia virginiana</i>	Full sun to part sun	Summer to fall Pink	ST hummingbirds
Pale Purple Coneflower	<i>Echinacea pallida</i>	Full sun to part sun	Summer Lavender	CG

Boneset	<i>Eupatorium perfoliatum</i>	Full sun to part sun to part shade	Summer to fall White	RRL ST
Lance Leaf Coreopsis	<i>Coreopsis lanceolata</i>	Full sun	Summer Yellow	ST / CG
Grey headed Coneflower	<i>Ratibida pinnata</i>	Full sun to part sun	Summer Yellow	LH
Sweet Oxeye/ False Sunflower	<i>Heliopsis helianthoides</i>	Full sun to part sun	Summer to fall Yellow	CG
Cylindric Blazing Star	<i>Liatris cylindracea</i>	Full sun	Summer Lavender	LH / RRL / CG
Cardinal Flower	<i>Lobelia cardinalis</i>	Full sun to part sun to part shade	Summer to fall Red	LH / RRL / CG hummingbirds
White Snakeroot	<i>Ageratina altissima</i> <i>/Eupatorium rugosum</i>	Part shade to full shade	Summer to fall White	LH / CG
Great Blue Lobelia	<i>Lobelia siphilitica</i>	Full sun to part sun to part shade	Summer to fall Blue	LH / RRL / CG hummingbirds
Poke Milkweed	<i>Asclepias exaltata</i>	Part sun to part shade	Summer White to Purple	LH RRL (up to 5 ft)
Tall Meadow Rue	<i>Talictum pubescens</i>	Sun to full shade	Summer White	LH (up to 5 ft)
Smooth Aster	<i>Symphyotrichum laevis</i>	Full sun to part shade	Fall Lavender	LH / CG ST
Sky blue Aster	<i>Symphyotrichum oolentangiense</i>	Full sun to part shade	Fall Blue	LH ST
Flat topped white aster	<i>Doellingeria umbellata</i>	Sun to part sun to part shade	Late summer to fall White	RRL
Stiff Goldenrod	<i>Solidago rigida</i>	Full sun	Fall Yellow	LH ST
Zig Zag Goldenrod	<i>Solidago flexicaulis</i>	Part shade to full shade	Fall Yellow	LH / CG RRL
Heart leaved Aster/ Blue Wood Aster	<i>Symphyotrichum cordifolium</i>	Part sun to full shade	Fall Pale Lavender	LH / CG RRL
Blue Stem Goldenrod	<i>Solidago caesia</i>	Part shade to full shade	Fall Yellow	LH RRL

Shrubs/Vines (all are nectar sources for insects)

Common Name	Scientific Name	Sun Requirements	Bloom Time Bloom Colour	Other
Nannyberry	<i>Viburnum lentago</i>	Full sun to part shade	Spring White	ST /RRL Edible berries
New Jersey Tea	<i>Ceanothus americanus</i>	Full sun to part shade	Summer White	LH / ST / CG hummingbirds
Common Elderberry	<i>Sambucus canadensis</i>	Full sun to part shade	Summer White	LH / RRL /ST Edible berries
Smooth Serviceberry	<i>Amelanchier laevis</i>	Part sun to full shade	Spring White	Edible berries
Ninebark	<i>Physocarpus opulifolius</i>	Full sun to partial shade	Spring White-Pink	LH hummingbirds
Northern Bush Honeysuckle	<i>Diervilla lonicera</i>	Full sun to partial shade	Summer Yellow	Hummingbirds CG
Button Bush	<i>Cephalanthus occidentalis</i>	Full sun to partial shade	Late summer White	LH / ST RRL
Choke Cherry	<i>Prunus virginiana</i>	Full sun to full shade	Spring White	Fruit (not seeds) are edible
Vine – Virgin's Bower	<i>Clematis virginiana</i>	Full sun to part shade	Summer/Fall White	hummingbirds

Trees

Common Name	Scientific Name	Sun Requirements	Other
White Oak	<i>Quercus alba</i>	Full sun to part sun	Well drained soils Fall colour – red/purple
Red Oak	<i>Quercus rubra</i>	Full sun to part sun	Well drained soils Fall colour - red
Sugar Maple	<i>Acer saccharum</i>	Full sun to part sun	Well drained soils Fall colour – red/orange
Black Cherry	<i>Prunus serotina</i>	Full sun	White flowers in spring, berries attract birds
Hop Tree	<i>Ptelea trifoliata</i>	Sun to shade	LH , white flowers
Pagoda Dogwood	<i>Cornus alternifolia</i>	Sun to part shade	White flowers in spring, berries attract birds. LH