

Growing Together



Cobourg Garden Club

163 years

STEEPED IN TRADITION

From the Northumberland News Friday, May 4, 2007 article.

The Cobourg Sentinel Star, the newspaper of the day reported in the July 31, 1861, edition, an unknown writer waxes eloquently about an upcoming horticultural exhibition.

"With next Tuesday arrives again our Horticultural Exhibition, which promises to surpass anything of the kind ever held in Cobourg, considering the backwardness and the cold of the season. The interest which is manifested in these yearly exhibitions is truly gratifying. Every gardener in town has something to say in their praise and nearly all appear from time to time on the list of exhibitors. Indeed it is almost impossible to estimate the advantages gained and the benefits arising out of these displays of fruit and flowers. We can look on the farmer's large, lazy-looking potatoes, turnips and c., with pleasure, admiring their dimensions and qualities, but how delightful it is to look upon not only vegetables and fruits but the choicest of flowers, nurtured through long winter months with delicate care, and now arranged and assorted with so much taste.

Land Acknowledgements are an important part of Reconciliation

We respectfully acknowledge that The Cobourg Garden Club meets and gardens on the traditional territory of the Mississauga, Saagiig, and Chippewa Nations collectively known as the Williams Treaties First Nations which have been and remain vigilant stewards and caretakers of these lands and waters.

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5 CORNER GARDEN SUMMER 2023



Presented to CHC to Dianne
from Tony Walker

Our Five Corners Millennium Garden has received a grant from Community Power Northumberland to be used towards improving the ecosystem in our downtown garden. In 2021 we introduced Native species of plants into the garden beds. This made an immediate improvement to the environment, attracting bees, insects and pollinators to the garden. Thanks to Community Power Northumberland we will continue to plant Native species this year that will bloom in succession; early Spring, Summer and late Fall. In addition to creating a habitat that supports wildlife we will be adding another bench, a compost bin, and some signage. We want members of our community that visit our garden to notice that we have planted Native species promoting biodiversity in their community for a sustainable future.

THANK YOU...

Volunteers Theresa Herron & Loria Reynolds.

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CHC Summer Flower Show & Tea AUGUST 12, 2023

The Summer Flower Show and Tea at the Cobourg Library was very well attended with over 80 visitors. They were enthusiastic about the displays and the wide range of exhibits – 158 different items in total. This was a 50% increase over the number presented in last summer's show, which was very encouraging for all those involved in arranging and setting up the Show. Dianne Taylor answered questions about the Club for most of the afternoon, as there were many inquiries about how to join.

The Show and Tea have been moved to the second weekend in August to avoid the long weekend but did clash with the Sandcastle Festival. However, the Sandcastle Festival was delayed a day due to the weather, so perhaps the additional visitors chose our Club's event instead! One young visitor, a 10-year-old boy came with his sister and mother, who told one of our committee members that they had driven for 1 ½ hours to come to the Show, as he wanted to see all the plants and flowers, as he plans to be a botanist. What a wonderful shout-out to everyone who participated in whatever way they could, in particular to the 15 members who took a lot of trouble to bring so many lovely things to exhibit.

As always, there were some gaps, for example very few Roses, and a lot fewer Vegetables and Photographs than usual, but that may be because some members were on vacation. In planning next year's Show, the Committee will look at the number of entries to best determine where we might add or drop classes. There were wonderful examples of hydrangea, lots of them, all very attractive, and a good number of dahlias. Elisabeth La Fontaine's ball dahlia won the prize for the Best in Show. Carol Evans won the most points for her many entries in various categories. Continued next page...



Some Flower Show committee members with the judge, Joan Harding. From 2022 Show.



Jennifer Darrell's entry in the Design Class, "Fireworks"

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CHC Summer Flower Show & Tea cont.



Jennifer Darrell's photos of her two winning designs, Fireworks, and A Parade of Flowers



the BEST IN SHOW ball dahlia, exhibited by Elisabeth La Fontaine

Both the Design and Photography sections had a theme of King Charles III Coronation, and there were interesting interpretations of the Coronation theme in those six classes. The Judge, Kathy Reid, was impressed with the quality of the Show overall and commented on the creativity used in the Design section classes.

Dawn MacGregor and Suellen Stratton hosted the Tea for a large number of visitors, with sweets kindly provided by club members. The tiny kitchen at the Library made this a bit of a challenge, but guests were very appreciative of the goodies offered and clearly enjoyed them.

CFMX Classical 103.1 FM radio featured Cobourg Garden Club and the upcoming Flower Show in 21 one-minute spots in The Explorer segment for a week, from July 31 to August 6, "celebrating our region one minute at a time". This outreach and an illustrated article in Northumberland News on August 3 no doubt helped announce the Flower Show to the wider community. Bonnie Young posted the event on the Club's website, on Facebook, Twitter and other social media, which also helped remind both members and the public of the Show.

Special thanks to Flower Show Committee members who were there all day, from an early start to the very end, helping members with their exhibits, and generally providing support: Shelly Fredericks; Nancy Grenier; Ann Slemming and Dianne Taylor. Theresa Herron and Marion Castleton helped with the set up and take down ... much appreciated extra hands. Thanks to Gail Rayment and Jennifer Darrell for the loan of wagons and card tables, and to Carol Evans for providing signage for each class. It takes many different and varying skills and energy to put on this Show, and that was evident in the success and positive comments from all the visitors.

by Sarah Holland, Convenor Flower Show Committee
August 18, 2023

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Congrats!

MORGAN KELSEY

Cobourg Garden Club Scholarship 2023

Congratulations!!!...to Ms. Morgan Kelsey, from Warkworth, Ontario for the 2023 scholarship award from the Cobourg Garden Club. Enrolled in Integrated Technology in Canadian Geography and environmental studies along with multi-year studies in French Immersion, mathematics, and sciences, she is graduating from Cobourg Collegiate Institute. Her interest in the environment was prompted by her greenhouse experience and her participation in CCI's Environmental Club. Among her several activities include volunteering with the Central Lake Ontario Conservation Authority, supporting their fish and aquatic plant sampling efforts along with experience at the Cobourg Ecology Garden. Ms. Kelsey is enrolled in the Fish and Wildlife Technician Program at Fleming College where she looks forward to moving into the Environmental Science Program at Trent University where she will study ecosystem and natural resource management. Emphasis is on water/wastewater evaluation/management, soil rehabilitation, sustainable agriculture, water quality, prevention of environmental problems, resolution of environmental issues, and public education. Best wishes to Ms. Morgan Kelsey.



The CGC Scholarship

Encouraging students in their pursuit of horticulture-related post-secondary education.

Our most rewarding annual event is choosing a recipient for the \$1,500 Cobourg Garden Club Scholarship to a deserving local high school graduate with exemplary marks who wishes to pursue post-secondary education in a field related to horticulture or the environment.

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BUDDLEIA, A LATE SEASON DELIGHT

by Y. Michalski

As I move about deadheading our late summer garden, I am especially captivated by one shrub picked up from our garden club sales table two years ago. It sat in a little plastic pot and was labelled with a popsicle stick as a butterfly bush. I must now pull down the almost 7-foot (2+ metres) branches of this monster butterfly bush, *Buddleia davidii*, with a rake in order to clip the huge, spent racemes. The honey fragrance of this marvellous shrub is intoxicating.

These gems are wonderful pollinators, feeding whatever sips nectar. They range in size from the original Butterfly bushes, or *Buddleia*, at sometimes over 2 metres high (6.+ feet) to much more compact versions of the originals. Some are so tiny, like the Lo & Behold microchip, that they are only about 2 feet, (0.6 metres) high and wide, ideal for our smaller gardens. With so many dazzling colour variations of pink, white, red and blue/mauves and with newer, sterile varieties now available, we can plant this charming plant without guilt, as *Buddleia* are considered invasive in some milder parts of Canada, like the West Coast.

And so butterflies, clearwing moths, bees, pollinating flies and an inquisitive late season hummingbird all flit around my shrub and around me.

Now, the burning question, who brought this lovely old *Buddleia* variety to the sales table? It has survived two winters nestled in amongst the tall grasses and seems to want to hang around. The insects and humming birds thank you too.



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What happened to...

PEARLY EVERLASTING (ANAPHALIS MARGARITACEA) PLANTS

by Ken Strauss

If you recently added some Pearly Everlasting (*Anaphalis margaritacea*) plants to your garden, they may look like the ones in this photo. Do not spray them with a pesticide! What you see is the work of the caterpillars of the American Lady and Painted Lady butterflies. The plants will fully recover and produce flowers later in the summer. Pearly Everlasting is an important host plant for both of these butterflies.



Upcoming Events

- | | |
|----------|---|
| OCT | All day |
| 1 | First Fall Frost – SOURCE: Farmer's Almanac |
| OCT | 7:30 pm – 8:30 pm |
| 4 | Sherry Dodson, Durham MG Preparing Garden for Winter |
| NOV | 7:30 pm – 8:30 pm |
| 1 | Cobourg Garden Club Panel & AGM |
| DEC | 7:30 pm – 8:30 pm |
| 6 | Annual Holiday Event! |

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Fall Garden Maintenance

by Tonya D.



To Do List

- Garden Beds – weed, remove plant material that is diseased, remove dead material from perennials, don't throw away leaves (mulch them).
- Plant – trees, shrubs, layering fall bulbs and perennials.
- Water – close water features, turn off water supply to outside spigots
- Garden tools – clean and sharpen pruners.



Editorial

I marvel at the speed time proceeds by. I remember in my youth, mature people would say “wait till you’re older, time will fly by”. I now know what they meant. Fall is my favourite season and is upon us, September 23 to be exact. Here I review my to do list for the property. Did I

journal? No. Did I weed as much as I could have? No. But this is not the time to reflect on what could have been but being grateful for my bounty. The heirloom tomatoes, cucumbers, potatoes, corn, watermelon, kale and more flourished.

What more, the food flavours explored in my mouth. If I can give one suggestion, in 2024 plant for your health. Food is the best medicine.

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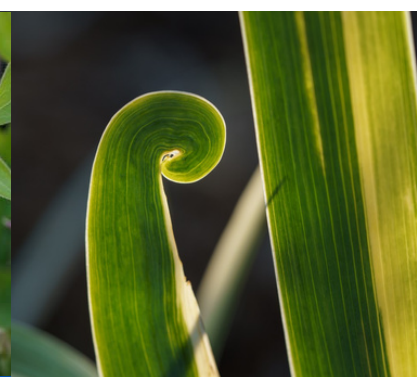
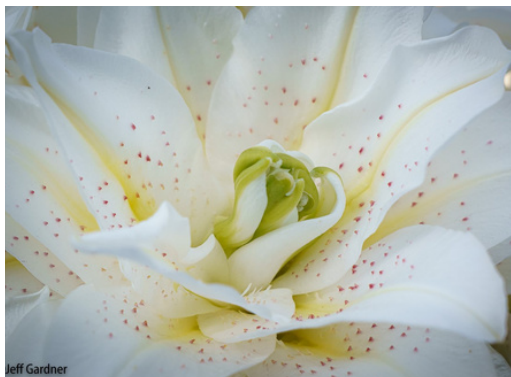


Members

Sharing Local Cobourg's Beauty



GARDEN ART



Source: Thanks to Jeff Gardner & the Cobourg Rose Garden.

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RECIPE

from Tonya Davis

Coconut-curry pumpkin bisque

This slightly sweet-and-spicy pumpkin soup is ultra-satisfying. It's rich, thick and creamy.

Total Time - 40 min

Prep - 20 min

Cook - 20 min

Serves - 4

Difficulty - Easy

Here's what you'll need to make your own batch:

INGREDIENTS

Coconut oil - 1 tsp

Shallot - 1 large, minced

Kosher salt - 1½ tsp

Minced ginger - 2 tsp

Jarred minced garlic - 1 tsp

Curry powder - 1 tsp

Ground coriander - ½ tsp

Ground cumin - ½ tsp

Ground cinnamon - ¼ tsp

Cayenne pepper - 1 pinch(es)

Pumpkin puree - 30 oz, canned

Canned low-sodium chicken broth - 2 cup(s)

Canned unsweetened light coconut milk - 1 cup(s)

Dark brown sugar - 2 Tbsp

Fresh lime juice - 1 Tbsp

Cilantro - 6 tsp, fresh, chopped

Instructions

1. In a large soup pot, heat oil over medium-high heat. Add shallot and salt; cook, stirring frequently, until shallot is softened, about 5 minutes.

2. Stir in ginger, garlic, curry powder, coriander, cumin, cinnamon and cayenne; cook for 1 minute. Add pumpkin, broth, coconut milk and sugar; whisk to combine. Reduce heat to low; simmer for 10 minutes for flavors to combine. Puree in pot using an immersion blender; stir in lime juice and garnish with cilantro. Yields about 1 1/4 cup per serving.



Courtesy of WW International, Inc.

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Growing Together



Home, Garden, and DIY

Seed Saving Giveaway:
Cultivate, Share & Win!

📖 Calling all gardening enthusiasts and nature lovers!
Help us re-stock our seed library by harvesting your seeds 🌻

Prizes:

🌱 Seed Saving Tin: Everything you need to kickstart your seed-saving journey, including a lovely tin and seed packets.

☕ Reading is Sexy Mug: For sipping your favorite beverage as you get lost in a good book.

How to Enter:

🌸 Like/Follow: Like and follow us on social media to stay updated on the latest Library news, events, and giveaways.

🌻 Share: Share the giveaway post on your feed to spread the word. Tag friends who'd love to join in too!

🌱 Seed Donation: After your harvest, save some seeds from your favorite plants. Label them with the plant's name and harvesting date. Then, visit the Cobourg Library to donate your seeds to our seed library. Be sure to fill in the donation form to be entered.

Every Action Counts:

Like/Follow = 1 entry ; Share = 2 entries

Seed Donation = 5 entries per donated seed packet

The more you participate, the greater your chances of winning and contributing to our local ecosystem!

📅 Dates: September 15th to September 22nd at 5:00 p.m.

🌍 Open to: Cobourg Public Library members

By participating, you're not just entering to win; you're joining a community effort to preserve biodiversity, support sustainable practices, and promote a greener environment for generations to come. Let's grow and learn together! 🌱📖

(Note: This giveaway is in no way sponsored, endorsed, or administered by, or associated with, META)

NEWSLETTER

**Newsletter articles/photos submissions
due 15th of the month BEFORE the
newsletter is published. Publication dates:
1 December 2023, 1 March 2024..**

**Note: submissions may be held for
following editions.**

**Contact: Tonya Davis
bunnytdavis@sympatico.ca**



CHC History

**Cobourg & District Garden Club
LENAH FISHER MEMORIAL TROPHY
Silver-plated bowl on wooden square
stand.**

**Distinguishing features: 3 identical
engraved designs - triangular shaped with
plain raised centre field, embellished with
floral rose design.**